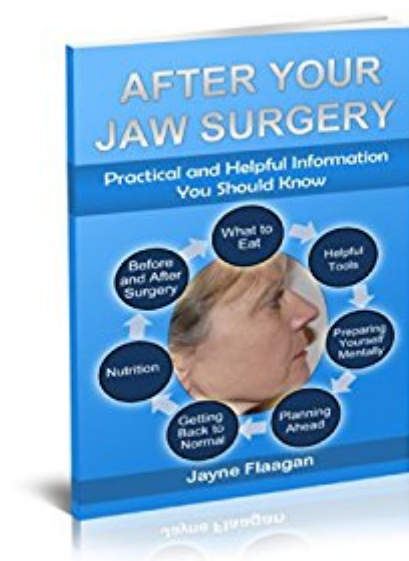




The book was found

After Your Jaw Surgery: Practical And Helpful Information You Should Know



Synopsis

I underwent jaw surgery and woke up with my jaws wired shut. I was so unprepared! This book has been written to help you on your journey as you are healing after jaw surgery. You may be on a liquid diet and maybe you are not. This book does assume that you are probably on some kind of special diet and offers numerous suggestions for foods that help heal after surgery. Both before and after jaw surgery, I tried to find information about living on a soft food and/or liquid diet. I was unable to find very little information on jaw surgery recovery, so I had to "play it by ear." I was completely ignorant of all the physical, psychological and emotional changes that would be involved. This book is easy-to-read and straight-forward. It will give you lots of helpful "inside" information in a relatively short period of reading time. It is information that you will want to know to help prepare you for what comes during your jaw surgery recovery time. There are many things that would have been so helpful had I known them before-hand. I want to prevent this from happening to you. You do not need to learn everything the hard way about your jaw surgery recovery, as I had to. Being prepared really is half the battle. I have "been there" and I can help!

Book Information

File Size: 454 KB

Print Length: 81 pages

Publisher: Husky Publishing; 1 edition (February 15, 2014)

Publication Date: February 15, 2014

Sold by: Â Â Digital Services LLC

Language: English

ASIN: B00IHJ2FX6

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #879,470 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #17

in Â Â Kindle Store > Kindle eBooks > Medical eBooks > Dentistry > Oral Surgery #94

in Â Â Books > Medical Books > Dentistry > Oral Surgery #3058 in Â Â Kindle Store > Kindle Short Reads > Two hours or more (65-100 pages) > Health, Fitness & Dieting

Customer Reviews

While the subject may only appeal to a select few, the author has done a masterful job of explaining her experience after jaw surgery. The topics run the gamut from an explanation of the surgery (including pictures of the surgical screws when removed) to the utensils required to maintain health and dental cleanliness. Ms. Flaagan even includes recipes for those who must undergo a "liquid" diet. Incidentally, who knew there is so many definitions of "liquid". Hopefully, I will never undergo a similar experience. Never-the-less, I am glad to have read this informative and well-written explanation of the process, her experience, and the pitfalls. Every doctor doing jaw surgery should make this book available to their patients.

A couple of years ago my husband was in a really back accident and had a broken leg, and his jaw was wired shut because of a mandible fracture. It was a really tough time, and there wasn't much help or guidance. I can honestly say, as someone who's witnessed a loved one who's been affected by this I can truly say that this book is amazingly helpful and full of my tips, tricks and reminders for anyone who has to have this type of surgery. The book is also really helpful for anyone considering a liquid diet but in search of recipes! All around great read!

I am very fortunate not to ever had my jaw wired for any reason, so I'm sure I can't even imagine the problems that would come with it. This is a very good book written by Jayne, (the author) who has experienced this first hand. A lot of problems she had to handle on her own and come up with solutions to her problems of eating, drinking, and staying nutritionally balanced. Of course you could just read this book for the recipes too. I enjoyed the book and I think you will too. It is a short book that you can read in one sitting.

Well done overall. She's not a Pulitzer prize winner, but she does help you understand both some practical tips of how to handle eating, as well as the emotional and mental struggles that may follow jaw surgery. This book definitely was helpful to me after my surgery a few months ago.

This book is written in a format that is easy to read by someone who has been there. I ordered this book because of my TMJ and surgery options. It helped me get organized with what I need to get before surgery so I can be better prepared. It's 75 pages and I read it in one sitting.

it helps come but mine was due to a car accident

[Download to continue reading...](#)

After Your Jaw Surgery: Practical and Helpful Information You Should Know TMJ

Temporomandibular Joint Dysfunction - Causes, Symptoms, Treatment, and Pain Relief For Your

Jaw Pain (How to Get Rid of Jaw Pain & Headaches Due to TMJ) A Quick Read on What You

Should Know about Colon Cancer and how to Prevent it: Detailed, but in laymans's terms (What you should know about your health ... care of yourself; in layman's terms Book 1) 50 Sculptures You

Should Know (You Should Know (Prestel)) 25 Bridge Conventions You Should Know - Part 1: Learn

These First (25 Bridge Conventions You Should Know - eBook Edition) Roget's Thesaurus of

Words for Students: Helpful, Descriptive, Precise Synonyms, Antonyms, and Related Terms Every

High School and College Student Should Know How to Use The BIG Book on Bariatric Surgery:

Living Your Best Life After Weight Loss Surgery (The BIG Books on Weight Loss Surgery) (Volume

4) The BIG Book on Bariatric Surgery: Living Your Best Life After Weight Loss Surgery (The BIG

Books on Weight Loss Surgery 4) Recipes Every College Student Should Know (Stuff You Should

Know) Stuff Every Man Should Know (Stuff You Should Know) Insults Every Man Should Know

(Stuff You Should Know) Jokes Every Man Should Know (Stuff You Should Know) Dirty Jokes

Every Man Should Know (Stuff You Should Know) Stuff Every Husband Should Know (Stuff You

Should Know) Stuff Every College Student Should Know (Stuff You Should Know) Gastric Sleeve

Diet: A Comprehensive Gastric Sleeve Weight Loss Surgery Diet Guide (Gastric Sleeve Surgery,

Gastric Sleeve Diet, Bariatric Surgery, Weight Loss Surgery, Maximizing Success Rate) Eating Well

After Weight Loss Surgery: Over 140 Delicious Low-Fat High-Protein Recipes to Enjoy in the

Weeks, Months and Years After Surgery The Candida Control Cookbook: What You Should Know

and What You Should Eat to Manage Yeast Infections (New Revised & Updated Edition) The Big

Book of Words You Should Know: Over 3,000 Words Every Person Should be Able to Use (And a

few that you probably shouldn't) 101 Bets You Will Always Win: Jaw-Dropping Illusions, Remarkable

Riddles, Scintillating Science Stunts, and Cunning Conundrums That Will Astound and Amaze

Everyone You Know

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)